



特殊詐欺

Tokushu Sagi (Special Fraud)

In 2025, the number of victims of special fraud and other scams nationwide reached 43,000, setting a new record high. Do you think that **"Fraud only targets the elderly"**? In fact, the number of **victims in their 20s and 30s** is rapidly increasing. Fraudulent tactics cleverly infiltrate your daily life through smartphones and social media. Be sure to check the latest fraud methods and countermeasures, share information with your family and friends, and prevent yourself from becoming a victim!
* Source of data for this article: National Police Agency, "Report on the Recognition and Arrest Status of Special Fraud and SNS-Type Investment/Romance Fraud in 2025 (Final Figures)"

Surge in Fraud and How to Deal with It

Fake Police Fraud

This scam involves impersonating a police officer and creating anxiety by claiming things like, "Your account is being used for criminal activity," or "There's an arrest warrant out for you," in order to swindle money.



Vulnerable age groups: 20s-30s

(approximately 1 in 3 people)

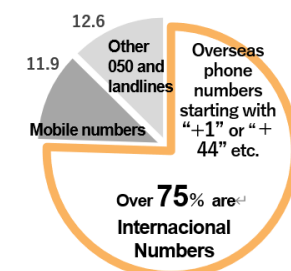
When people 60 and older are victims, the amount of damage per case often exceeds 15 million yen, so caution is advised. Those in their 30s are the most frequently targeted! 20.6%



The entry point to fraud

Almost 100% of frauds start with a "phone call"

Fraudulent calls are made to "smartphones (mobile phones)" for those under 40, and to "landlines" for those 50 and older.



Free and immediate solutions!

① Landline phone solutions

Block incoming international calls for free!

International Call Blocking Service Center 0120-210-364

<https://www.kokusai-teishi.com>

① Measures for landline phones



② Smartphone (Mobile Phone) Countermeasures

Block fraudulent calls with an app!

National Police Agency Recommended

"Special Fraud Prevention App"

② Measures for Smartphone



Consultation Services

If you suspect something might be a scam, don't worry alone; always consult before transferring any money.

● **Police Consultation Hotline #9110**

● **Consumer Hotline 188**

Shiga Prefectural Police Crime Prevention App

"Pocket Police Shiga" 「ぽけっとポリスしが」

We are providing timely updates on the latest scam tactics, suspicious phone calls, and information on suspicious individuals.



Toku-Mamo Campaign

"Shiga Prefecture's Citizen Campaign to Protect Everyone from Tokuryu/ Special Fraud" Special Website



9月10日から16日は「自殺予防週間」です

September 10 to 16 is Suicide Prevention Week.

Why not reach out for help instead of struggling alone?

When various worries pile up, anyone can feel emotionally overwhelmed and find life difficult. If you are facing such struggles, why not talk to someone instead of bearing the burden alone? Sharing your feelings with another person can often bring relief. You can seek help via phone or social media.

If you notice that someone close to you seems "different than usual"...

1. Notice the changes and reach out to them.
2. Listen carefully to what they have to say.
3. Connect them with a support agency.
4. Offer warm support and keep a watchful eye on them.

Your words can make a real difference for someone you care about.

Inquiries: Kenko Suishinka TEL.: 0749-65-7759



Health News ほけんだより

Nagahama City Health Center (Health Promotion Division) TEL.: 0749-65-7751

Takatsuki Health Center Branch (Northern Health Promotion Center) TEL.: 0749-85-6420



Infant Health Checkups 乳幼児健診

●Reception Hours: For babies born on odd-numbered days: 1:00 PM - 1:35 PM

For babies born on even-numbered days: 1:35 PM - 2:15 PM

※Checkups for 1-year-8-month-old and 2-year-8-month-old infants at the Takatsuki Branch are conducted every two months.

Items to Bring [Common] Boshi-techo (Maternal and Child Health Handbook), Questionnaire, Bath Towel

<1-year-8-month-old> Toothbrush, Cup

<2-year-8-month-old> Toothbrush, Cup, Whispering Voice Test Result Sheet

<3-year-8-month-old> Toothbrush, Cup, Urine (in a clean container)

Baby checkups
annual schedule
(Japanese)



Infant Checkup	Health Center: Nagahama ・ Azai ・ Biwa Torahime areas (with interpretation)		Takatsuki Branch Office: Kohoku ・ Takatsuki ・ Kinomoto ・ Yogo ・ Nishiazai areas	
	Target child's date of birth Born between:	Checkup date	Target child's date of birth Born in:	Checkup date
4 months old	June 1 ~ June 19, 2026	October 29 (Thu)	June, 2026	October 20 (Tue) Reception hours: 1:00 PM - 1:35 PM
10 months old	December 1 ~ December 24, 2025	October 27 (Tue)	December 2025	October 20 (Tue) Reception hours: 1:35 PM - 2:15 PM
1 year and 8 months old	February 1 ~ February 22, 2025	October 19 (Mon)	February 2025 March 2025	November 6 (Fri)
	February 23 ~ March 17, 2025	October 21 (Wed)		
2 years and 8 months old	February 1 ~ February 22, 2024	October 13 (Tue)	February 2024 March 2024	October 9 (Fri)
	February 23 ~ March 12, 2024	October 14 (Wed)		
3 years and 8 months old	February 1 ~ February 21, 2023	October 6 (Tue)	February 2023 March 2023	November 2 (Mon)
	February 22 ~ March 14, 2023	October 7 (Wed)		

* Infant health checkups are to be held at the local health center in your area. If you wish to have your child examined at a location outside your area, please contact us at least two days in advance.

* If a gale warning or special warning is issued by 11:00 AM on the day, the event will be canceled.

* If you have any concerns about your health check, please feel free to contact us in advance.

長浜米原休日急患診療所

Nagahama Maibara Kyuujitsu Kyuukan Shinryousho

Please be sure to call in advance and wear a mask when visiting.

*We do not perform tests for infectious diseases such as influenza or the new coronavirus.

TEL. (Japanese): 0749-65-1525 (Please be careful not to dial the wrong number.)

The Nagahama Maibara Holiday Emergency Clinic is open on Sundays, national holidays, and during the New Year holidays (December 30th to January 3rd). If your condition is minor, please use the Holiday Emergency Clinic.

Clinic Days: September 6, 13, 20, 21, 22, 23, 27

October 4, 11, 12, 18, 25

Reception Hours: 8:30 AM - 11:30 AM , 12:30 PM - 5:30 PM

Consultation Hours: 9:00 AM - 6:00 PM

Medicine Departments: Internal Medicine and Pediatrics

Location: Kohoku Medical Support Center "MediSapo" (1181-2 Miyashi-cho)

*When visiting the clinic, please be sure to bring your My Number health insurance card or other document that can verify your medical insurance, your welfare medical benefit voucher, your medicine record book, and your maternal and child health hand book.

Inquiries: Kenkou Iryou Seisakuka (Health and Medical Policy Division)

TEL.: 0749-65-6301



10月のピンクリボン月間に「乳がん検診」
「子宮頸がん検診」を実施します

We will be conducting breast cancer and cervical cancer screenings during Pink Ribbon Month in October.

October is "Pink Ribbon Month," a time dedicated to raising awareness about breast cancer and the importance of screenings. Breast cancer frequently affects women in their 40s and 50s, while the incidence of cervical cancer begins to rise among women in their 20s; both are forms of cancer that strike women during their prime working years. To address this, the Nagahama City Health Center will be conducting breast and cervical cancer screenings as part of Pink Ribbon Month.

Date and Time: Sunday, October 18

Registration: <Morning> 9:00 AM - 11:00 AM /
<Afternoon> 1:00 PM - 3:00 PM

Location: Nagahama Well Center (Kobori-cho)

Target: Breast cancer screening: Female residents aged 40 and over who did not receive the city's breast cancer screening last year.

Cervical cancer screening: Female residents aged 20 and over who did not receive the city's cervical cancer screening last year.

※ Individuals with symptoms, those currently under observation at a medical institution, and those who previously required further examination and have not yet received a follow-up examination are not eligible for this screening.

Fees:

Breast cancer screening: Under 49 years old: 1,800 yen
50 years old and over: 1,500 yen

Cervical cancer screening: 1,500 yen

Application: From 9:00 AM on September 1 (Tuesday)

Reservations will be accepted starting at 9:00 a.m. on Tuesday, September 1, via the electronic form shown on the right or by phone (65-7759).

※Registration will close once the capacity is reached.



Medical checkup
appointment
for October 18

●October Only! Online Booking for Breast Cancer Screening●

Participating facilities: Nagahama City Hospital, Kohoku Hospital, Nagahama Red Cross Hospital

Reservations open: September 1 (Tue)

Please apply using the application form on the right.

Booking a
medical checkup
at the hospital



The City Hall Headquarters Building and Ekimachi Terrace will be illuminated during Pink Ribbon Month.

Period: October 1 (Thu) – 31 (Sat)

10月税のお知らせ

October Tax Notice

Payment deadline: November 2, 2026

Property Tax And City Planning Tax, 3rd Installment
National Health Insurance Premiums, 5th Installment
Long-Term Care Insurance Premiums, 5th Installment
Medical Insurance Premiums for the Elderly, 4th Installment

City taxes can be paid at the city hall headquarters building, the northern joint government building, each citizen service counter (former branch office), participating financial institutions, convenience stores, and through various cashless payment methods.

令和9年度放課後児童クラブ
通所申込の受付を開始します

We are now accepting applications for attendance at Hokago Jido Club (After-School Children's Club) for the 2027 fiscal year.



After-school children's clubs provide a place for play and daily activities for elementary school students whose parents are away from home during the day due to work or other reasons; these clubs offer supervision after school and during long school holidays.

Please check the details regarding applications for Hokago Jido clubs for the FY 2027 below or via the QR code on the right.

< Privately operated Hokago Jido (After-School Children's) Clubs >

Application Period: September 24 (Thu) – October 2 (Fri) (Application periods vary for some clubs)

How to Apply: Please contact each club directly. Please check the city's website for details.

< Publicly operated Hokago Jido (After-School Children's) Clubs >

Application Period: October 6 (Tue) – October 16 (Fri)

How to Apply: Online application only (in principle)

※You can apply using the QR code included in the handout or via the city's website.

Documents to Attach Upon Application (Please attach image data of the completed forms): Certificate of Employment, etc.

※Forms will be available starting Monday, September 7, at the Child and Family Support Division (Nagahama City Hall Main Building), the Community Services Division (Northern Joint Government Office), and all public after-school children's clubs.

Operating Days and Hours: Monday through Saturday (excluding national holidays): After school hours or from 7:30 AM to 6:00 PM.

※On Saturdays, the service operates only at the Saturday Club (located within Nagahama Kita Elementary School).

Other Information:

- No school lunch or snacks are provided (participants must bring a packed lunch, etc., during long school breaks).
- For students attending elementary schools that do not have a public after-school club, the city arranges taxi transportation to the nearest public club (at no cost to the user).

Inquiry: Hokago Jido Club Operations Office, Kodomo Katei Shienka TEL.: 0749-65-6528

Distribution starts: Monday, September 7
Application period: Tuesday, October 6 –
Friday, October 16
Weekdays: 9:00 AM – 4:45 PM

Kindergartens, Nintei Kodomoen (Short-Hour Program)

Eligible Age: Children aged 3 to 5

Application Submission:

- Municipal facilities: Facility serving your designated attendance zone
- Private facilities: The facility of your choice

Required Documents: Application for Certification and Enrollment



< Extended Childcare >

Please refer to the guidebook for details.

At several kindergartens, extended childcare services are provided for currently enrolled children (subject to meeting certain conditions) before and after regular childcare hours and during long school holidays.

Nursery schools, Nintei Kodomoen (Long-Hour Program)

Eligible Age: Children aged 0 to 5

※The age (or age in months) of children accepted for childcare varies by facility.

Eligible Children: Children within the eligible age range for whom home-based care is difficult due to reasons such as the guardian or a cohabitant working, illness, or nursing care.

Submission Location: The nursery school/kindergarten listed as your first choice.

※If you are unable to submit the documents to the preschool, they can also be accepted at Yojika or Kurashi Madoguchika.

Required Documents: Application for Certification and Enrollment, Certificate of Employment, etc.



Age-based classes and dates of birth for the 2027 academic year (Reiwa 9)

5-year-olds: Born April 2, 2021 – April 1, 2022

4-year-olds: Born April 2, 2022 – April 1, 2023

3-year-olds: Born April 2, 2023 – April 1, 2024

2-year-olds: Born April 2, 2024 – April 1, 2025

1-year-olds: Born April 2, 2025 – April 1, 2026

0-year-olds: Born April 2, 2026 –

Document Distribution and Application Procedures (Common to all centers)

Locations for obtaining guidebooks, application forms, etc

Kindergartens, nursery schools, and Nintei Kodomoen; Yojika (City Hall, 5th Floor); Kurashi Madoguchika (Northern Joint Government Building, 1st Floor)

※Various forms are also available on the city's website.

Application Procedure

Please apply using either method ① or ② below.

However, applications for private Nintei Kodomoen (short-hour programs) are accepted only via method ②.

① Application via electronic form

Please apply by following "Electronic Application Process" shown in the diagram below. You can apply from a computer or smartphone at any time and from any location.

< Electronic Application Process >

【STEP.1】

Prepare the required documents (such as a certificate of employment) and convert them into digital format.

※You may submit PDF files or photos taken with a smartphone, etc. However, please ensure that all text and numbers in the photos are clearly legible.

【STEP.2】

Access the application form via the Nagahama City website using the QR code on the right, enter the necessary information, and submit it within the application period.



Recommended!

※A confirmation email will be sent after you submit the application form. Please be sure to save this email.

※If there are any points requiring clarification regarding your application (including cases where attached documents are unclear), Yojika will contact the applicant via email or telephone.

② Applying in Person

Please submit the documents directly to the reception location listed in the left-hand column.

※If submitting documents to the facility, you must make an appointment for the submission date and time in advance.

※Applications are also accepted by mail (via *kan-i kakitome* / simplified registered mail). Please send the required documents to the city so that they arrive within the application period.

Notes: Please refer to the guidebook for details.

- Even if your child is currently enrolled in a nursery school or certified center for early childhood education and care (long-hour program) for the 2026 fiscal year, you must submit a new application for the 2027 fiscal year.
- If you are currently on a waiting list for admission during the 2026 fiscal year, you must submit a new application for the 2027 fiscal year.
- The number of available spots at each facility will be published on the website prior to the start of the application period. If the number of applicants exceeds the number of available spots, an adjustment process will be conducted.
- Applications for admission in April 2027 will be accepted during the period mentioned above.

Separate application periods have been established for admission from May 2027 onwards, depending on the desired month of entry. In such cases, please notify your first-choice facility of your intentions during the application period for April 2027 admission.

※"QR Code" is a registered trademark of DENSO WEB Corporation.

Inquiries: Yojika TEL.: 0749- 65-8607 or each facility